



Letter to the Board

Michael Havens

Superintendent of Schools

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May 2, 2008

The three great essentials to achieve anything worth while are, first, hard work; second, stick-to-itiveness; third, common sense."
--Thomas Edison, inventor and businessman

Board Agenda:

1. **Reminder:** The meeting will begin in the board room for executive session and then continue in the Performing Arts Center where we will have our budget hearing. There will be mics on the tables for the board members to share between them and we may need to "wire up" the main talkers (Michael and Frank).
2. **Executive Session:** Principals will be joining us to review tenure recommendations for Janice Becker, Lisa Clemons, Michelle Farley, Jaime Gallo, Lois Harris, Janience Jackman, Justin Marino, Anna McGrath, Jennifer Saul, Julie Schwarz, Kristen Stiles and Jeffrey Ugine. I will be discussing Michelle Scheik. We will also discuss two staff that are not being recommended to return to our district. Mr. Callahan will be joining us to review tenure recommendations and staff that are not being recommended to return to our district.
3. **Strategic Goals/Board Meeting:** This is a continuation of the discussion began last meeting. President Frank will lead the conversation on how we might do this.
4. **Financial Update:** Mr. Atseff will provide his monthly financial report.
5. **Student Representative:** High School Senior Michael Miles will be the Student Representative at this board meeting. Mike has attended prior meetings as a member of student council. Mike is a three sport athlete who participates in cross country, indoor track and outdoor track and field. Mike is a member of the Varsity Club, the National Honor Society, recently earned Eagle Scout honors and is an outstanding member of our school community.
6. **Business Items:** The March Treasurer's reports are presented for approval. Attached is a resolution for the candidate for the area 2 Director for NYSSBA. Also included is the surplus piano bid award. You have a gift to the district from the MS PTO, several health contracts and budget transfers. I recommend approval of all items.

7. **Superintendent Evaluation:** President Frank wants to talk to you about the superintendent evaluation.

Board Letter:

1. **Student Accident:** We had a serious student accident recently which required one of our high school student be taken by ambulance to the hospital, and be held overnight in intensive care for observation for internal injuries. Mr. Siracuse and I responded to the call. Fortunately, the injuries were not as serious as they could have been. The accident occurred at the intersection of Rt. 104 and 350 as students were arriving to school. I am unsure if any tickets were issued. Both students were returned to school after a couple of days.
2. **Budget Flyer:** The budget newsletter has gone to the printer now and will be delivered to residents at the appropriate time (after the public hearing and 7 days before the vote). As usual, Amy has done a nice job with the information.
3. **Prom Weekend:** This Saturday is Prom and one of the weekends we always worry about. The prom will be attended by all 3 of our high school administrators and many staff members as chaperones. We will be breathalizing students when they come into the Prom. Still it is hard to control what they do afterwards. We have to depend upon moms and dads for that. Having lost a student on Prom night back when I was an assistant principal, I can tell you it is a horrible thing that stays with you for ever. Connie would have been 41 this year.
4. **Willy Wonka:** The Middle School Musical and World Premiere of Willy Wonka and the Chocolate Factory is also this Weekend. I do hope you all will have an opportunity to attend. I have attached a nice article which appeared in Thursday's paper, featuring one of Amy's photos. (Amy was able to retrieve it from the D&C archives on line.)
5. **Student Arrest:** A high school student in our 6-1-1 class confided to one of our counselors that he was having relations with a sixth grade boy and the second grade brother. This was occurring in the trailer park where they live. The student has been arrested and is in jail. He was living with his grand mother who says she won't bail him out and he can't come back to live with her. He was molested himself when he was little. We have met with the young children and their mother. Counseling is being provided to them. They will need a lot of support in the coming years.
6. **FitnessGram:** I have attached the *FitnessGram* that Marc Blankenberg referenced at the last board meeting.
7. **Upcoming Events:**
 - 5/2 & 3 – MS Musicial, **“Willy Wonka & the Chocolate Factory”** @ PAC – 7:00 p.m.
 - 5/4 - MS Musicial, **“Willy Wonka & the Chocolate Factory”** @ PAC – 2:00 p.m.

- 5/5 - HS PTSO Budget presentation @ DO Conference Room – 7:00 p.m.
- 5/6 - Nurse’s Day
- 5/6 - Rotary Budget presentation @ Ontario Firemen’s Field – 6:00 p.m
- 5/6 - MS PTO Budget presentation @ MS Media Center – 6:30 p.m.
- 5/7 - HS Band Concert @ PAC – 7:00 p.m.
- 5/7 - MS Faculty Budget Presentation @ MS Media Center – 2:15 p.m.
- 5/7 - OE Faculty Budget presentation @ OE Cafeteria – 8:00 a.m.
- 5/8 - Board of Education Meeting & Budget Hearing @ PAC– 7:00 p.m.
- 5/8 - FE Faculty Budget presentation @ FE Media Center – 8:00 a.m.
- 5/12 - “Meet the Candidates Night” @ HS
- 5/17 - Rotary’s “Mystery Dinner Theatre @ Ontario Fireman’s Field -
- 5/19 - FE Parent Group Budget presentation @ FE Media Center – 6:45 p.m.
- 5/20 – Budget Vote & Election @ HS Gymnasium – 9:00 a.m. – 9:00 p.m.
- 5/27 – HS Student Achievement Awards @ PAC – 7:00 p.m.
- 5/29 - Four County Annual Meeting & Election of Officers – Belhurst Castle, Geneva

Athletics

- 5/2 - Boys JV Tennis vs. Marcus Whitman – 4:15
- 5/2 – Boys V Baseball vs. Victor – 4:15 p.m.
- 5/2 - Girls V Softball vs. Victor – 4:15 p.m.
- 5/3 - Boys V Baseball vs. Pavillion – 10:00 a.m.
- 5/3 - Boys JV Baseball vs. Pavillion – 10:00 a.m.
- 5/5 - Boys V Tennis vs. Newark – 4:15 a.m.
- 5/5 - Boys JV Baseball vs. Pal-Mac – 4:15 p.m.
- 5/5 - Girls JV Softball vs. Pal-Mac – 7:00 p.m.
- 5/6 - Girls JV Softball vs. Lyons – 4:15 p.m.
- 5/6 - Girls V Softball vs. Lyons – 6:30 p.m.
- 5/7 - Boys V Tennis vs. HAC – 4:15 p.m.
- 5/8 - Girls JV Softball vs. Nazareth – 5:00 p.m.
- 5/8 - Girls V Softball vs. Nazareth – 7:00 p.m.
- 5/9 - Boys JV Baseball vs. Canandaigua – 4:15 p.m.
- 5/9 - Girls JV Softball vs. Canandaigua – 7:00 p.m.
- 5/12 - Boys JV Baseball vs. Geneva – 4:15 p.m.
- 5/12 - Girls JV Softball vs. Geneva – 4:15 p.m.
- 5/13 - Girls JV Softball vs. Newark – 4:15 p.m.
- 5/13 - Girls V Softball vs. Newark – 7:00 p.m.

8. Attachments

- a) Willy Wonka Article
- b) FitnessGram



May 1, 2008

Gold ticket beckons to 'Willy Wonka' musical

James Hawver
Staff writer

ONTARIO — Like a child on a sugar high from Wonka Bars and Everlasting Gobstoppers, Mike Allen, a normally placid 37-year-old middle school music teacher, scurried through the clusters of fidgety tweens and candy-colored props backstage and navigated his way to an aisle seat in the darkened auditorium.

"Can't hear you!" he hollered when the pack of singing students shuffled onstage. "Louder!"

Allen, the show's producer, caught his breath and turned aside.

"You need a little stress to do the best you can," he said Monday evening, just days away from opening night.

This weekend, the students of T.C. Armstrong Middle School in Ontario, Wayne County, will be the second school in the country, but the first middle school, to perform the music version of *Willy Wonka* — and they're set on making it scumdidilyumptious.

"We don't just put them in their parents' clothing and throw them up on stage," said Allen, who traveled in December to Ontario, Calif., where a high school performed the musical for the first time.

There, over hors d'oeuvres at an after party, he convinced playwright Tim McDonald to allow the sixth-, seventh- and eighth-graders at T.C. Armstrong to perform the script that has yet to be published. And in March, McDonald, who is also writing the screenplay of another Roald Dahl classic, *James and the Giant Peach*, flew from New York City to Rochester to take notes of their rehearsal and revise his working *Willy Wonka*.

"Out of all of the seven that I've done, this is the big one," said Allen, who produced the school's first spring musical in 2001. Since then, they have performed *The Pirates of Penzance*, *The Wizard of Oz*, *Joseph and the Amazing Technicolor Dreamcoat*, *Annie*, *The Sound of Music* and *High School Musical*.

But *Willy Wonka* is the one that Allen knows other schools and community theaters across the country are itching to put on.

"We've got an opportunity to make an impression — let's do it right," Allen said.

With the help of some elaborate props, Augustus Gloop (eighth-grader Kristen Meiler) will shoot up a chocolate pipe into the fudge room and Charlie Bucket (seventh-grader Matthew Dell'Olio), Grandpa Joe (eighth-grader Peter Mastrodonato) and Willy Wonka (seventh-grader Gage Geminn) will fly high above the candy factory floor in the "Wonkavator."

And on Friday, Peter Ostrum, who played Charlie in the 1971 film *Willy Wonka & the Chocolate Factory*, will travel from his home in Lowville, Lewis County, to T.C. Armstrong to teach workshops

during the day and make an appearance at the performance that night.

"Thirty years down the line when their sons or daughters are doing the musical, they will be able to say they were the first," Allen said.

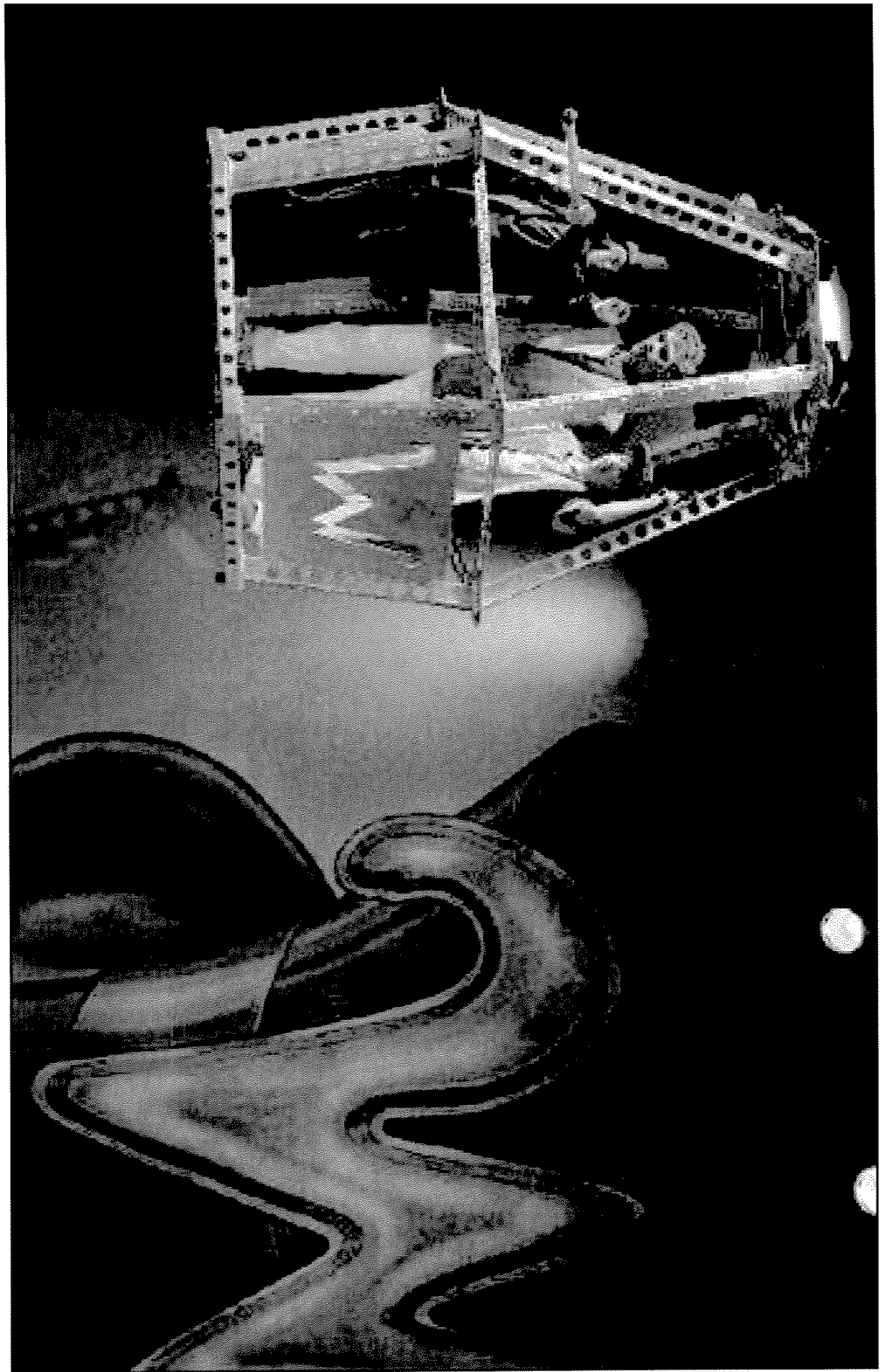
After a run-through of "The Candy Man Can" on Monday night, eighth-grader Jenny Dombroski talked to Allen about more efficient ways to hand out lollipops during the number.

Nervous about the big night? No way, she said. They are well-prepared.

In his first acting performance, Gage scored the lead roll of Willy Wonka. He used to watch the 1971 movie "all the time," he said, leaning on a clear plastic cane filled with fluorescent Nerds, a candy made by the Willy Wonka Candy Co.

"There're a lot of things we have that middle school plays would never include," Gage said, "like flying."

JHAWWER@DemocratandChronicle.com



FITNESSGRAM® student report (front)

The "Healthy Fitness Zones" are set by age and gender. The Healthy Fitness Zones are not averages of everyone else but criterion-referenced standards that indicate levels of fitness corresponding with health.

Current and past scores are included in the report so students can see their improvement over time.

FITNESSGRAM assesses the three areas of health-related fitness: aerobic capacity, muscle strength, endurance, and flexibility, and body composition.

FITNESSGRAM®

Jasmine Miller
Grade: 6 Age: 13
West Daniel Middle School

Your scores on all tests were in or above the Healthy Fitness Zone. Continue your flexibility exercises. Play active games, sports and other activities at least 5 days a week. Do some strength exercises.

Instructor: Kathy McLane

Date	Height	Weight
Current: 04/28/2007	5' 2"	85 lbs
Past: 09/28/2006	5' 1"	78 lbs

MESSAGES

Although your aerobic capacity score is in the Healthy Fitness Zone now, you are not doing enough physical activity. You should try to play very actively at least 60 minutes at least 5 days each week to look and feel good.

Your abdominal and trunk strength are both in the Healthy Fitness Zone. To maintain your fitness, you should begin doing strength-training activities that include exercises for each of these areas at least 3 to 5 days each week.

Your flexibility is in the Healthy Fitness Zone. To maintain your fitness, stretch slowly 3 or 4 days each week, holding the stretch 20-30 seconds. Don't forget that you need to stretch all areas of the body.

Your upper-body strength is very good. To maintain your fitness level, be sure that your strength activities include arm exercises such as push-ups, modified push-ups, or climbing activities 2 to 3 days each week.

Jasmine, your body composition is in the Healthy Fitness Zone. If you will be active most days each week, it may help to maintain your level of body composition. You should also eat a healthy diet including more fruits and vegetables and fewer fats and sugars.

Healthy Fitness Zone for 13 year-old girls
 The PACER = 23 - 31 laps
 Curl-Up = 18 - 32 repetitions
 Trunk Lift = 9 - 12 inches
 Push-Up = 7 - 15 repetitions
 Back-Saver Sit and Reach =
 At least 10 inches on R & L
 Body Mass Index = 14.90 - 24.50

Category	Test	Current	Past
AEROBIC CAPACITY	The PACER	25	22
	VO2Max	41	40
	(Abdominal) Curl-Up	29	24
	(Trunk Extension) Trunk Lift	9	9
	(Upper Body) Push-Up	15	11
MUSCLE STRENGTH, ENDURANCE & FLEXIBILITY	(Flexibility) Back-Saver Sit and Reach R, L	10.00, 10.00	10.00, 9.00
	Body Mass Index	15.55	14.74
ACTIVITY	On how many of the past 7 days did you participate in physical activity for a total of 30-60 minutes, or more, over the course of the day?	3	
	On how many of the past 7 days did you do exercises to strengthen or tone your muscles?	1	
	On how many of the past 7 days did you do exercises to loosen up or relax your muscles?	2	

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FITNESSGRAM also provides a record of student's height, weight, and test dates.

The report includes a custom message that summarizes the child's performance in each component of health related fitness and provides suggestions for maintaining or promoting good fitness. The suggestions are based on the student's fitness and activity levels.

FITNESSGRAM reports also emphasize the need for regular physical activity.

FITNESSGRAM[®] student report (back)

The back cover of the FITNESSGRAM student report highlights the need for at least 60 minutes of physical activity on most days of the week.

Students are encouraged to practice self-management skills and record their minutes of activity.

How Do You Spend Your Time?

The Physical Activity Pyramid gives you an easy way to group the different physical activities that help you maintain good health. To be your best, you should try to do the following:

- > Get at least 60 minutes of physical activity on most days of the week.
- > Do activities from each level of the Physical Activity Pyramid each week.
- > Limit your TV time, computer time, and internet surfing to no more than 2 hours each day.

During the week . . .

- In the box for each day, record the number of minutes that you are physically active.
- In the box for each day, record the number of minutes that you watch TV or work on the computer.

At the end of each week . . .

- Add up and record your total minutes of activity and minutes of TV or computer time.
- Put a check in the "minutes of activity" box for each day that you were active for at least 60 minutes.
- Put a check in the "minutes of TV or computer time" box for each day that you spent less than 2 hours (120 minutes) in front of the TV or computer.

	Sample Day	SUN	MON	TUES	WED	THURS	FRI	SAT	TOTALS for WEEK
Total minutes of physical activity	✓ 75								
Total minutes of TV or computer time	✓ 105								

Look at the Physical Activity Pyramid and write down the activities that you did during this week in each of these areas:

Lifestyle activities: _____

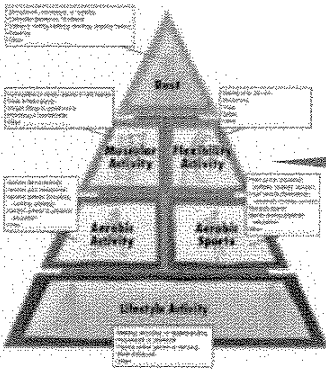
Aerobic activities or sports: _____

Muscular activities: _____

Flexibility activities: _____

Signature of student: _____

Signature of parent: _____



The physical activity pyramid, developed by fitness pioneer Chuck Corbin, is a reminder of the need for an appropriate mix of various types of physical activity.

Other Ways to Learn About Activity

The FITNESSGRAM software package has several programs that can help you learn about your level of physical activity.

- > **ACTIVITYGRAM** is a computerized measure of physical activity that can help you determine whether you are getting enough physical activity each day.
- > The **Activity Log** is a computerized log of your daily activity levels. You can code steps on a pedometer or the minutes of activity you get each day.

For other information, visit www.fitnessgram.net

FITNESSGRAM was developed by The Cooper Institute and is endorsed by The American Alliance for Health, Physical Education, Recreation and Dance. For information, go to www.fitnessgram.net.

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FITNESSGRAM[®] parent report (front)

The FITNESSGRAM Parent Reports explain the importance of fitness and physical activity to parents.

Each of the three areas of health-related fitness are explained, and the report gives parents their child's score for each test given.

The parent report gives more information about the relevance of the healthy fitness zones and the importance of daily physical activity.

FITNESSGRAM[®]

Report for Parents

People come in all shapes and sizes, but everyone can benefit from regular physical activity and a healthy level of physical fitness. The FITNESSGRAM fitness test battery evaluates five different parts of health-related fitness, including aerobic capacity, muscular strength, muscular endurance, flexibility, and body composition. Parents play an important role in shaping children's physical activity and dietary habits. This report will help you evaluate your child's current level of health-related fitness and help you identify ways to promote healthy lifestyles in your family.

Jasmine Miller
Grade: 6 Age: 13
West Daniel Middle School

Instructor: Kathy McLane

	Date	Height	Weight
Current:	04/23/2007	5' 2"	85 lbs
Past:	09/29/2006	5' 1"	78 lbs

Needs Improvement **Healthy Fitness Zone**

The PACER
Current: 25
Past: 22

VO2Max
Current: 41
Past: 40

(Abdominal) Curl-Up
Current: 29
Past: 24

(Trunk Extension) Trunk Lift
Current: 9
Past: 8

(Upper Body) Push-Up
Current: 16
Past: 11

(Flexibility) Back-Saver Sit and Reach R, L
Current: 10.00, 10.00
Past: 10.00, 9.00

Body Mass Index

	Very Low	Low	High	Needs Improvement
Current:	 15.55			
Past:	 14.74			

Being too lean or too heavy may be a sign of (or lead to) health problems. However, not all people who are outside the Healthy Fitness Zone are at risk for health problems. For example, a person with a lot of muscle may have a high BMI without excess fat.

Healthy Fitness Zone for 13 year-old girls = 23 - 51 laps

MUSCLE STRENGTH, ENDURANCE, & FLEXIBILITY

These components of health-related fitness measure the overall fitness of the musculoskeletal system. A variety of tests are used to assess these different components.
Importance: The fitness level of muscles is important for injury prevention and overall body function. Strength, endurance, and flexibility are important for maintaining good posture, low back health, and total body function.

Healthy Fitness Zone for 13 year-old girls
Curl-Up = 18 - 32 repetitions
Trunk Lift = 9 - 12 inches
Push-Up = 7 - 15 repetitions
Back-Saver Sit and Reach =
At least 10 inches on R & L

BODY COMPOSITION

The body composition measure refers to the relative proportion of fat and lean tissue in the body. Body fat percentage can be estimated by skinfold calipers or other measuring devices. The Body mass index (BMI) is another indicator that determines if a person is at a healthy weight for his or her height.
Importance: Overweight youth are at high risk for being overweight adults. Adult obesity is associated with a number of chronic health problems. Many of these health problems can begin early in life. It is important to begin healthy eating and regular activity early.

Healthy Fitness Zone for 13 year-old girls = 14.90 - 24.50

INTERPRETING THE FITNESSGRAM REPORT

Health-related fitness includes a variety of factors. With regular physical activity most children will be able to score in the Healthy Fitness Zone for most of the tests. It is important for all children to be physically active every day (a total of 60 minutes is recommended) even if they are already fit. If your child is in the Needs Improvement area on a particular test, it is important to provide additional opportunities to be active so they can improve their levels of fitness.

Please refer to the back page of the parent report for a description of the Healthy Fitness Zone and for tips on promoting physical activity in your family.

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FITNESSGRAM also provides a record of student's height, weight, and test dates.

Current and past scores are included in the report so parents can observe the progress over time.

FITNESSGRAM[®] parent report (back)

The FITNESSGRAM parent report explains the philosophy behind FITNESSGRAM and the Healthy Fitness Zones.

The physical activity pyramid is used as a reminder of the importance of various types of physical activity.

Parent involvement is encouraged—the reports give ideas to help the child and the rest of the family live more active lives.

about FITNESSGRAM[®]

FITNESSGRAM PHILOSOPHY

H **HEALTH** comes from regular physical activity and the development of health-related fitness.

E Physical activity and fitness are for **EVERYONE** regardless of age, gender, or ability.

L Physical activity and physical fitness are for a **LIFETIME**. Aim to develop lifelong patterns of physical activity.

P Physical activity programs should be designed to meet **PERSONAL** needs and interests.

HOW CAN YOU HELP?

The FITNESSGRAM philosophy spells HELP because we need your help to promote physical activity and fitness for your child. If parents value physical activity and encourage their children to be active regularly, children are more likely to view physical activity as an important part of their daily lives. These tips may help you encourage your child to be active:

- Provide a safe play area for your child to play and opportunities to be active.
- Provide equipment and supplies that allow your child to be active.
- Put limits on television time and video game usage (especially right after school).
- Participate in physical activity with your child.
- Help your child develop good physical skills so that he or she can feel competent.

For additional information on the FITNESSGRAM tests or to learn about how the Healthy Fitness Zones were established, visit the FITNESSGRAM Reference Guide at www.fitnessgram.net.

UNDERSTANDING THE HEALTHY FITNESS ZONE

A unique feature of FITNESSGRAM is that it uses scientifically determined standards that are based on how fit children should be for good health. Most children can achieve the health-related fitness standards if they perform sufficient amounts of physical activity on a regular basis. The standards are set specifically for boys and girls and take into account changes with age. Regular participation in aerobic physical activity, which involves sustained movement of large muscle groups, may help children improve their aerobic capacity and maintain healthy body composition. Regular muscular and flexibility exercise can help to improve strength and flexibility.

THE PHYSICAL ACTIVITY PYRAMID FOR CHILDREN

The Physical Activity Pyramid provides a way of describing the variety of physical activities that contribute to good health. Children are encouraged to learn and perform activities from each of the first three levels of the pyramid.

- Level 1 of the pyramid includes lifestyle activities, or activities that can be done as part of daily living. Activities at this level include walking to school, riding a bike, raking leaves, cleaning house, and general outdoor play of all kinds. These types of activity are emphasized because people are more likely to do them throughout their lifetimes.
- As children grow older, they will be interested in activities at level 2, including aerobic sports and other aerobic activities.
- Activities in level 3 include flexibility and muscular fitness activities.

Children should be introduced to the level 2 and level 3 activities gradually and at a rate consistent with their skills, age, and level of maturation.

Long periods of inactivity are inappropriate for children. For this reason, it is important that children have several play periods in the form of recess or physical education each day and that they have opportunities to be active before and after school.

FITNESSGRAM was developed by The Cooper Institute and is endorsed by the American Alliance for Health, Physical Education, Recreation and Dance. For information, go to www.fitnessgram.net. Based in Dallas, The Cooper Institute (www.cooperinst.org) is a nonprofit research and education center dedicated to advancing the understanding of the relationship between living habits and health and to providing leadership in implementing these concepts to enhance the physical and emotional well-being of the individual. FITNESSGRAM is published by Human Kinetics. FITNESSGRAM is a registered trademark of The Cooper Institute, Dallas, Texas. Copyright 2005 The Cooper Institute.