Student Counseling and Guidance Office Lyons High School 10 Clyde Road Lyons, New York 14489

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SENIOR BULLETIN #1

July, 2007

Dear Seniors,

This is the first of many Bulletins you will receive through the mail or in homeroom. In each of these Bulletins I try to give important information in a clear, concise manner. You'll receive info about test dates, scholarships, college events, visitations and financial aid. You'll also receive info re: SC&GO events & matters of interest to you as seniors. *Please take the time to read your Bulletins carefully* & share the information with your parents. Your Senior Bulletin is also available to you on-line! Visit the 'MS/HS Guidance' link on the school's web page. You'll find senior bulletins, and many resources to assist you in your college search, financial aid, scholarship search and much more! *Please keep in mind, I will provide information, resources and support; it is up to you to act upon information provided and to do some research!*

Some of you may be interested in re-taking the SAT or ACT. I've listed the next available test and registration dates for you in this bulletin. I hope your college visits are going well. I'll be meeting with you in classes when we return to school to give you your fall 'to do list'. Enjoy the rest of your summer!

SAT/ACT Online Registration

You can register now for SAT/ACT online. It's the easiest way to register for these tests. You'll find a good deal of other information at these sites, including test strategies, sample questions, etc.

SAT – go to www.collegeboard.com

(The registration deadline for the October 6th SAT Test is September 10th .)

ACT - go to www.act.org

(The registration deadline for the September 15th ACT test is August 10th) (The registration deadline for the October 27thACT test is September 21st)

In order to register online, you'll need a credit card and your Lyons High School code – 332950. If you don't prepare for these tests, you'll likely be disappointed in your scores. I have put suggestions for preparation on the back of this letter.

Cumulative Averages/Class Rank

Your cumulative high school average and class rank will be sent to you in August.

Sincerely,

Mrs. O'Connor-Alfred
Dept. Chair of Student Counseling

HOW TO PREPARE FOR SAT/ACT

(Most of them are free!!)

If you take the SAT/ACT, you must prepare!! If you don't, you'll probably be disappointed in the results.

How do you prepare? Here are **some tips:**

- 1. Pick up a **free review book** from the Student Counseling and Guidance Office. You'll find a full-length practice test with answer key in these review books, along with test-taking strategies. The booklets are published by the test makers, and are very helpful.
- 2. **Go to the test makers web sites**, where you will find test-taking tips, strategies and sample test items.

SAT – <u>www.collegeboard.com</u> ACT – www.act.org

- 3. Go to the **Princeton Review web site.** www.review.com
- 4. Purchase *Cracking the SAT/Cracking the ACT*, published by Princeton Review. This is the best commercially-available resource. Cost range is \$20-30, depending on the version(s) you purchase (paper, CD).
- 5. Remember the 'Choices' program & your EIP class? 'Test Gear' offers comprehensive SAT prep & college planning on-line! Access this resource at www.access.bridges.com. Open your personalized account under the "Achieve" heading by entering your user name & password.

It is reasonable to invest at least 20 hours of preparation for these tests, please plan ahead!

Services for Students with Disabilities: If you have been identified through the Committee on Special Education (CSE) as having a documented learning disability or if you have a 504 plan, you may be eligible to receive your testing accommodations when you take the SAT. See your resource teacher or Mr. Cook (CSE Chairperson) for forms and more information.

THERE ARE NO EXCUSES FOR BEING UNPREPARED FOR THESE TESTS!!