

COUNSELING

Counseling services assist individuals and/or their families in identifying programs and finding solutions to the problems as well as providing insight and support to persons, individually or in a group, around a number of issues.

SUPPORT GROUPS (SG): Ongoing or time limited group that provides information and advice from peers in a group setting with members faced with similar problems or in similar situations.

CRISIS SERVICES (CS): Short term information and/or assistance provided on an emergency basis.

SUBSTANCE ABUSE COUNSELING (SA): Counseling around drug and/or alcohol abuse problems.

CAREER COUNSELING (CC): Identification of vocational skills, interests and aptitudes to assist in obtaining a job.

PERSONAL/SOCIAL/FAMILY COUNSELING (FC): Individual or group counseling dealing with personal adjustment issues, social skills issues or family life issues.

PREGNANCY SERVICES (PS): Counseling and related services for pregnant persons and people thinking about pregnancy.

	SG	CS	SA	CC	FC	PS
Clifton Springs Hospital			✓			
F.F. Thompson Hospital			✓			
Lifeline		✓				
Geneva General Hospital						
Wayne-Newark Hospital	✓		✓			
Career Resource Centers				✓		
Developmental Disabilities Office						
Ontario County ARC	✓	✓		✓	✓	
Seneca County ARC	✓	✓		✓	✓	
Wayne County ARC	✓	✓		✓	✓	
Yates County ARC	✓	✓		✓	✓	
Finger Lakes Social Ministry		✓	✓		✓	✓
Faith Haven		✓			✓	✓
Family Counseling Services	✓	✓			✓	
FLACRA	✓	✓	✓		✓	
Finger Lakes Family Care		✓				✓
Ontario Co. Substance Abuse Srv			✓			

Each county has a county mental health center with a flexible sliding scale for payment. They cover youth and adults and all the above categories.