

Mission Statement: It is the mission of the Elba Central School District to actualize the phrase “Elba Equals Educational Excellence for Everyone.” We are committed to providing both quality and equity. Every student will have the opportunity to develop to the best of his/her ability.

Elba Standards: In addition to the knowledge and basic skills they need in order to participate in society, graduates of Elba Central School will develop:

1. Empowering skills: decision making, goal setting, creative thinking and problem solving abilities;
2. Communication and social interaction skills;
3. Technological literacy;
4. Total wellness (social, physical, emotional health and self-esteem);
5. The values necessary to participate in society.

As a result of achieving these outcomes, our students will embrace lifelong learning.

New York State Standards for Physical Education:

1. Standard 1 – Personal Health and Fitness

Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity and maintain personal health.

2. Standard 2 – A Safe and Healthy Environment

Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

3. Standard 3 – Resource Management

Students will understand and be able to manage their personal and community resources.

National Standards for Physical Education:

National Content Standards -- A Physically Educated Person

1. *Demonstrates competency in many movement forms and proficiency in a few.*
2. *Applies movement concepts and principles to the learning and development of motor skills.*
3. *Exhibits a physically active lifestyle.*
4. *Achieves and maintains a health-enhancing level of physical fitness.*
5. *Demonstrates responsible personal and social behavior in physical activity settings.*
6. *Demonstrates understanding and respect for differences among people in physical activity settings.*
7. *Understands that physical activity provides opportunities for enjoyment, challenge, self-expression and social interaction.*

Performance Indicators:

NYS standard 1:

Students:

- Participate in physical activities (games, sports, exercises) that provide conditioning for each fitness area.
- Develop physical fitness skills through regular practice, effort, and perseverance.
- Understands the relationship between physical activity and individual well being.
- Demonstrates mastery of appropriate locomotor techniques.

NYS Standard 2:

Students:

- Understand basic safety rules.
- Recognize potentially dangerous situations and know how to avoid or reduce their risk
- Knows and understands rules, routines and understands the importance of rules in a leisure setting.
- Demonstrates care, consideration, and respect of self and others during physical activity.

NYS Standard 3:

Students:

- Knows that resources are available at home for leisure and recreational use.
- Demonstrates knowledge of equipment awareness and uses of various sport equipment.

Acceptable performance level:

Students at levels K-2 will satisfy APL by achieving a score of a 3 and/or 4 on Elba Central Elementary Report Card and Assessments Reports.

Assessments:

Teacher Observations (Authentic assessments)

Task challenges

Exit slips
Pre/post affective assessments
Rubrics
Cue checklists
Performance tasks

Paper/ pencil assessments
Behavior/ attitude rubric
Physical Fitness testing

Scope:

The goal of physical education during the primary years is to develop and refine a student's ability to move and react in a controlled manner. The instruction progresses from introducing different locomotor skills (i.e., skipping), to learning how to manipulate an object (throwing a ball through a target). Throughout the K-2 curriculum, the emphasis is placed on the student's ability to perform skills, demonstrating proper technique.

Sequence: K-2

- Body Awareness
- Spatial Awareness
- Effort/ Direction/ Force/ Levels
- Relationships
- Locomotor Movements
- Rolling, Balancing, & weight Transfer
- Chasing/ Fleeing/ Dodging

Fitness is interwoven throughout all units.

Methodology: Skill Themes Approach; Movement Concepts; Thematic integration between Physical Education and Kindergarten.