




September L.E.S. LUNCH MENU

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	
Meal prices remain the same \$1.25 Breakfast \$.75 Reduced \$.25		Lunch choices everyday 2 choice of entrée Express lunch of the day Sandwich of the day or Julienne salad				Express lunch Mon./Weds- Bagel box Tues.- Bologna and cheese Thurs.- Peanut butter Fri.- Nacho /cheese
Milk choices skim ,1% white or 1% chocolate milk	5 Labor Day Holiday	6 Welcome Back! 1.French bread pizza 2.Hamburger Green beans Fresh fruit	7 1.Stuffed shells 2.Chicken patty Whole kernel corn Sliced peaches	8 1.Pizza choice 2. Meatball sub Broccoli and cheese Fresh fruit	9 1.Sloppy joe / bun 2. Phish shapes Oven potatoes Fresh baked fruit crisp	<i>All express lunches include a bread item, fruit ,choice of milk.</i>
	12 1.Turkey /gravy 2.Toasted cheese w/soup Mashed potatoes Fresh fruit	13 1. Pasta surprise 2. Hot dog Crisp garden salad Pears	14 1.Chicken nuggets 2.Macaroni /cheese Dinner rolls Carrot sticks Pineapple tidbits	15 1.Pizza choice 2. Cheeseburger Green beans Fresh fruit	16 1.Taco pie 2.Hot ham and cheese sandwich Corn, Fruit choice	Sandwich of the day Mon.-.Bologna Tues.- Ham and ch. Weds.- Tuna salad Thurs.- Egg salad Fri.- Turkey
	19 1. Sloppy joe w/ bun 2. Quesadilla Buttered noodles, Carrots Fruit .	20 1.Spaghetti w/ meat sauce 2. Barquito boats	21 1Tacos hard/soft 2. Chicken patty / bun Broccoli /cheese sauce Fresh fruit	22 1. Pizza choice 2. Hot dogs Green beans Fresh fruit	23 1.Pasta surprise 2. Grilled cheese w/ Tomato soup Mixed veggie Peach cobbler	All sandwiches of the day include fruit or veggie and choice of milk.
	26 1. Hamburger 2.Brunch for lunch Hash brown patty Applesauce 100% juice	27 1.Spaghetti w/ meatballs 2. Meatball sub Garden salad Fresh fruit	28 1. Chicken nuggets w/ sauce 2. Salad bar Corn Peaches	29 1. Pizza choice 2. Pasta surprise Green beans Fresh fruit	30 1.Turkey fajitas w/ soft shell tortilla 2. Fish on a bun Rice, Green peas Mixed fruit	If you have any questions regarding the food service department, please call Vince Beltrone at 946-2200, ext.3346, or contact me at vbeltrone@lyonscsd.org .